

WHO unveils its report on Hypertension exclusively at Kohinoor Hospital

On World Health Day, United Nations bodies, WHO and Kohinoor Hospital join hands to address the issue of Hypertension

Mumbai, April 7: On the occasion of World Health Day, World Health Organization (WHO) gave a preview of its annual report, addressing the issue of Hypertension, exclusively at Kohinoor Hospital, Asia's first LEED Platinum-rated hospital building. The secretary general of WHO, Ban Ki-moon, presented the report at the conference.

Maharashtra United Nations Associations (MUNA) and Indian Federation of United Nations Associations (IFUNA) in association with Kohinoor Hospital observed World Health Day-2013 in the hospital town hall. **Ms. Mohini Mathur**, Executive Chairperson, MUNA, and **Advocate Suresh Srivastava**, Hon. Secretary General - Indian Federation of United Nations Associations, New Delhi, along with other members of the bodies graced the occasion.

Dr. Sachin Mane, Head – Medical & Hospital Administration, Kohinoor Hospital said, “We are extremely glad to collaborate with WHO, MUNA and IFUNA to observe the World Health Day. Being a three-year-old hospital, this will add a golden feather to our cap. We hope together we can spread awareness and resolve the rising issue of hypertension.”

The event addressed various issues related to hypertension and high blood pressure like diagnosis of renal hypertension, treatment implications of heart-related ailments, and prevention of high blood pressure.

Consulting Endocrinologist, Diabetologist and Metabolic physician, Dr. Altamash Shaikh at Kohinoor Hospital said, “Prevention of Hypertension involves lifestyle changes. It is a condition that can be prevented by making minute changes like decrease in consumption of sodium (salt), regular physical activity and managing stress. Adopting a healthy lifestyle is essential in order to prevent hypertension. Change needs to be adopted as a "lifestyle prescription" and every effort needs to be made to comply with it. There may be no cure for it, but it is a condition that can be prevented and well-managed.”

About Kohinoor Hospital

Kohinoor Hospital is part of the well-known and fast growing Mumbai-based Kohinoor Group. Kohinoor Hospital is Asia's first and the world's second LEED Platinum-rated hospital building under the Leadership in Energy and Environmental Design (LEED) Green Building Rating System. It is a 175-bed capacity multi-specialty hospital, located at Kohinoor City, Kurla-Vidyavihar. The hospital is equipped with world-class medical equipment and technology.

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